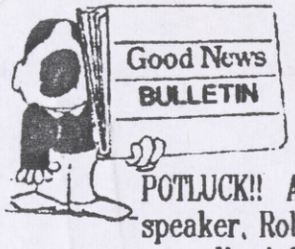
EAGLES FLASH!!!



Spring has sprung! Even though the March rains caused the first ever cancellation of an EAGLES activity (the game night of the 22nd) we are looking forward to the upcoming events, which include:

POTLUCK!! April 12th, 6:30 PM, at the Lambda Center. We will have a guest speaker, Rob Roy Woodman, PH.D, a local psychologist who works as a consultant for the Mental Health Association doing special presentations for seniors, "StayingYoung At Heart". His is currently putting together a program called, "Skills For Successful Living". Dr.Woodman is starting a group to help deal with the issues lesbian/gay/bi seniors face as we, shall we say, " mature". You want to know more? Well, listen to this!

"I have been a personal friend of Dr. Woodman for many years and recommend that all of us be present on this special night. I feel that we can all benefit from Dr. Woodman's presentation. If you know of a friend or relative who would be interested, let them know and bring them along." Larry W.

The bicycle group is invited to meet at the Center, Sunday, April 2nd, 10AM to cruise around the mid-town area (and stop somewhere for coffee and a pastery and conversation). Those expressing interest last year were: Ed, Toni, Lenora,Ben, Ari, Larry K., Judy, Benjamin, Lise, Leah, Lloyd, George, Lindy, John, Don, Marvin, Stan and Roy B. ... ARE YOU READY!!! Yeah!!!! Call Roy at 641-8460 for information.



The walking group still keeps on walking, each Saturday at 10 AM plus any other time during the week that walkers want to get together for a stroll. (last Friday some of them went to Arden Mall and heard musicians from the Sacramento Symphony perform bits and pieces of recognizable classics. And, they showed off their instruments!!). The ususal meeting place is Sarti's restaurant parking lot, on Richards Blvd, just off Interstate 5, near the entrance to Discovery Park. Call Larry at 991-2420 for more information.

GAME NIGHT..April 22nd, 6:30, Lambda Center

BRIDGE PLAYERS..interested in special nights in one another's homes? Call Bil at 927-2029.

NEWS NOTES: Linda Briner (of MGW) is interested in carrying a column devoted to news of special interst to seniors. If you would like to flex your writing skills and do something worthwhile at the same time, call her at 441-6397 to discuss your ideas. Norm E. of Folsom asked to added to our mailing list and plans to be at the next potluck. Toni is looking at mid-town apartments and expects to move during the month from her cozy mobile home..(it's too far from where she wants to be). Did you know that Marvin is recuperating quite well from his operation? He is, but he is not yet back to being his old ornery self (he is working on it). Scott, the editor of AT THE CENTER, met with a couple of our members during the month. He is interested in including news items about the group, and we would like someone to be our liaison with him..any volunteers?? (call Roy, 641-8460). Dee, one of our members, has been picked by THE TOP TEN, a special interest group of SACWIN, to be their "Facilitator". Congratulations! Also, Didier, budding artist that he is, had one of his works juried at a show at the SACRAMENTO FINE ARTS CENTER. Our members are talented!